Weekly PLANNER

small steps ♥ big dreams

WEEK OF: _____

♥ THIS WEEK'S PRIORITIES ♥

1. _____ ☐
2. _____ ☐
3. _____ ☐
4. _____ ☐
5. _____ ☐

♥ MY WEEK ♥

MON	
TUE	
WED	
THU	
FRI	
SAT	
SUN	

☆ TO-DO LIST

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

♥ NOTES ♥

♥ WATER INTAKE ♥



hydrate for a happier you ♡

♥ MEALS ♥

BREAKFAST _____

LUNCH _____

DINNER _____

SNACKS _____

♥ MOOD ♥



♥ GRATITUDE ♥

1. _____
2. _____
3. _____
4. _____
5. _____

♡ better days are coming ♡