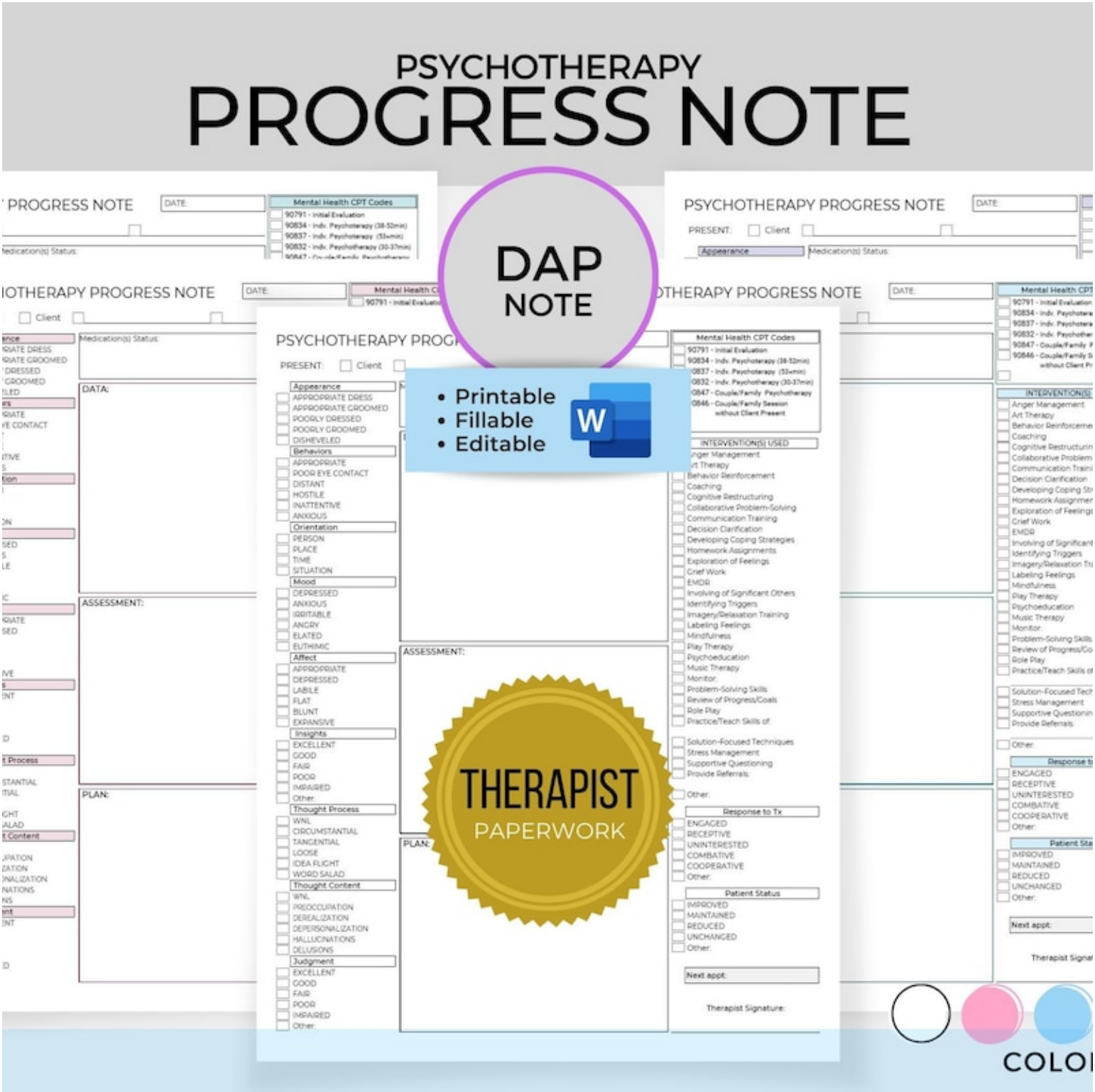

PSYCHOTHERAPY
PROGRESS NOTE
DAP
NOTE
• Printable
• Fillable
• Editable
THERAPIST
PAPERWORK
PSYCHOTHERAPY PROGRESS NOTE
DATE:
PRESENT:
Client
Appearance
Medication(s) Status:
DATA:
ASSESSMENT:
PLAN:
Mental Health CPT Codes
90791 - Initial Evaluation
90834 - Indv. Psychotherapy (38-52min)
90837 - Indv. Psychotherapy (53+min)
90832 - Indv. Psychotherapy (30-37min)
90847 - Couple/Family Psychotherapy
90846 - Couple/Family Session without Client Present
INTERVENTION(S) USED
Anger Management
Art Therapy
Behavior Reinforcement
Coaching
Cognitive Restructuring
Collaborative Problem-Solving
Communication Training
Decision Clarification
Developing Coping Strategies
Homework Assignments
Exploration of Feelings
Grief Work
EMDR
Involving of Significant Others
Identifying Triggers
Imagery/Relaxation Training
Labeling Feelings
Mindfulness
Play Therapy
Psychoeducation
Music Therapy
Monitor:
Problem-Solving Skills
Review of Progress/Goals
Role Play
Practice/Teach Skills of:
Solution-Focused Techniques
Stress Management
Supportive Questioning
Provide Referrals:
Other:
Response to Tx
ENGAGED
RECEPTIVE
UNINTERESTED
COMBATIVE
COOPERATIVE
Other:
Patient Status
IMPROVED
MAINTAINED
REDUCED
UNCHANGED
Other:
Next appt:
Therapist Signature:
Appearance
APPROPRIATE DRESS
APPROPRIATE GROOMED
POORLY DRESSED
POORLY GROOMED
DISHEVELED
Behaviors
APPROPRIATE
POOR EYE CONTACT
DISTANT
HOSTILE
INATTENTIVE
ANXIOUS
Orientation
PERSON
PLACE
TIME
SITUATION
Mood
DEPRESSED
ANXIOUS
IRRITABLE
ANGRY
ELATED
EUTHIMIC
Affect
APPROPRIATE
DEPRESSED
LABILE
FLAT
BLUNT
EXPANSIVE
Insights
EXCELLENT
GOOD
FAIR
POOR
IMPAIRED
Other:
Thought Process
WNL
CIRCUMSTANTIAL
TANGENTIAL
LOOSE
IDEA FLIGHT
WORD SALAD
Thought Content
WNL
PREOCCUPATION
DEREALIZATION
DEPERSONALIZATION
HALLUCINATIONS
DELUSIONS
Judgment
EXCELLENT
GOOD
FAIR
POOR
IMPAIRED
Other: