House Cleaning Checklist _____

Day	Room/Area	Tasks	✓
Monday	Kitchen	Countertops wiped down/disinfected	○
		Sink cleaned	○
		Appliances wiped down	○
		Floors swept/mopped	○
Tuesday	Bathroom	Toilet cleaned and disinfected	○
		Sink cleaned and disinfected	○
		Shower/tub cleaned and disinfected	○
		Mirrors cleaned	○
		Floors swept/mopped	○
Wednesday	Living Room	Furniture dusted/polished	○
		Carpets vacuumed	○
		Window sills wiped down	○
		Surfaces wiped down/disinfected	○
		Trash emptied	○
Thursday	Bedrooms	Beds made	○
		Floors vacuumed/swept	○
		Dusting throughout the room	○
		Surfaces wiped down	○
		Trash emptied	○
Friday	General	Laundry done (if applicable)	○
		Decluttering surfaces	○
		Air fresheners replaced (if applicable)	○
		Any missed tasks from previous days	○
Saturday	Outdoor	Lawn mowed/trimmed (if applicable)	○
		Garden beds weeded (if applicable)	○
		Outdoor furniture cleaned	○
		Garbage bins cleaned	○
Sunday	Kitchen	Rest and relaxation	○
		Plan for the upcoming week	○
		Grocery shopping for the week (if applicable)	○
			○
			○
			○