LOOK INSIDE · SAMPLE 2 OF 7

Weekly lesson plan (Week 1)

Circle times, 6 centers, gross motor, song and read-alouds



Education Resource

A Year of Preschool Themes · Week 1

WEEK 1 · UNIT 1: WELCOME TO PRESCHOOL · AUGUST / SEPTEMBER

Welcome to School

Question of the week: What do we do at school?

OBJECTIVES
- Learn the daily routine and where things belong in the classroom (I Approaches to Learning)
- Say goodbye to family and join an activity with support (III Social & Emotional Development)
- Learn classmates' and teachers' names (IV Language & Literacy)
- Move safely indoors and on the playground (I Physical Development)

VOCABULARY
cubby, circle, line up, friend, teach

SONG OF THE WEEK
Hello, Hello, It's a School Day (
Jacques)
Hello, hello, it's a school day,
Here we are! Here we are!
Find a friend and wave hi,
We can play together, near and far.

CIRCLE TIME
1. Name song: sing each child's name and wave; show the picture sch dule and walk through the day.
2. Classroom tour game: 'I spy' the block area, art table, books and c bbies; children point and name them.
3. Make a class promise together: 'We are safe, we are kind, we help.' Write their words on chart paper.

CENTER: ART
Handprint 'I'm here!' poster: each child adds a painted handprint; teacher writes names.

CENTER: SENSORY
Warm soapy water and baby dolls to wash - calmi
the first week.

CENTER: BLOCKS & DRAMATIC PLAY
Home corner set up with dishes, phone and dolls; blocks with photos of our school.

CENTER: MATH
Count the friends at circle; match children's phot
on a chart.

CENTER: LITERACY
Name cards with photos; find your own name in a basket.

CENTER: SCIENCE & DISCOVERY
Magnifying glasses and items from our classroom

GROSS MOTOR
Follow-the-leader walk around the playground to learn boundaries and safe places.

READ-ALOUD BOOKS
- *The Kissing Hand* - Audrey Penn
- *Llama Llama Misses Mama* - Anna Dewdney
- Wemberly Worried - Kevin Henkes

MATERIALS
Picture schedule cards, children's photos, name ca
washable paint, baby dolls, tub, mild soap, towels, m
glasses

ADAPT: TWOS
Keep circle to 5 minutes; use photos instead of name cards; offer comfort items and lots of lap time.

ADAPT: THREES
Practice two routines a day (hand washing, clean-up); children help hang their own photo on the cubby.

ADAPT: FOURS / VPK
Find and trace your name; letter focus: first letter of your name. Start a 'job chart' with picture jobs.

FAMILY CONNECTION
Send a 'My first week' photo home and ask families to share one favorite thing their child likes to do.

TEACHER NOTES - WHAT WORKED, WHAT TO CHANGE

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Close-up