FREE DOWNLOAD

GROCERY LIST TEMPLATE

Grocery List

Fruits
- ☐ apples
- ☐ apricots
- ☐ avocados
- ☐ bananas
- ☐ berries
- ☐ cherries
- ☐ grapefruit
- ☐ grapes
- ☐ kiwi
- ☐ lemons
- ☐ limes
- ☐ melons
- ☐ nectarines
- ☐ oranges
- ☐ papaya
- ☐ peaches
- ☐ pears
- ☐ plums
- ☐ pomegranate
- ☐ watermelon

Vegetables
- ☐ artichokes
- ☐ asparagus
- ☐ basil
- ☐ beets
- ☐ broccoli
- ☐ cabbage
- ☐ cauliflower
- ☐ carrots
- ☐ celery
- ☐ chiles
- ☐ chives
- ☐ cilantro
- ☐ corn
- ☐ cucumbers
- ☐ eggplant
- ☐ garlic cloves
- ☐ green onions

Meat
- ☐ bacon
- ☐ chicken
- ☐ deli meat
- ☐ ground beef
- ☐ ground turkey
- ☐ ham
- ☐ hot dogs
- ☐ pork
- ☐ sausage
- ☐ steak
- ☐ turkey

Seafood
- ☐ catfish
- ☐ salmon
- ☐ shrimp
- ☐ cod
- ☐ tilapia
- ☐ tuna
- ☐ crab
- ☐ halibut
- ☐ lobster
- ☐ oysters

Frozen
- ☐ chicken bites
- ☐ desserts
- ☐ fish sticks
- ☐ fruit
- ☐ ice
- ☐ ice cream
- ☐ ice pops
- ☐ meat
- ☐ pie shells
- ☐ pizza
- ☐ pot pies
- ☐ potatoes
- ☐ vegetables
- ☐ veggie burger

Baking
- ☐ baking powder
- ☐ baking soda
- ☐ bread crumbs
- ☐ cake decor
- ☐ cake mix
- ☐ canned milk
- ☐ chocolate chips
- ☐ cocoa
- ☐ cornmeal
- ☐ cornstarch
- ☐ flour
- ☐ food coloring
- ☐ frosting
- ☐ muffin mix
- ☐ pie crust
- ☐ shortening
- ☐ sugar (brown)
- ☐ sugar (powdered)
- ☐ sugar
- ☐ yeast

Snacks
- ☐ candy
- ☐ cookies
- ☐ crackers
- ☐ dried fruit
- ☐ fruit snacks
- ☐ gelatin
- ☐ graham crackers
- ☐ granola bars
- ☐ gum
- ☐ nuts
- ☐ popcorn
- ☐ potato chips
- ☐ pretzels
- ☐ pudding
- ☐ raisins
- ☐ seeds
- ☐ tortilla chips

Pasta & Rice
- ☐ brown rice
- ☐ burger helper
- ☐ couscous
- ☐ elbow macaroni
- ☐ lasagna
- ☐ mac & cheese
- ☐ noodle mix
- ☐ rice mix
- ☐ spaghetti
- ☐ white rice

Cans & Jars
- ☐ applesauce
- ☐ baked beans
- ☐ black beans
- ☐ broth
- ☐ bullion cubes
- ☐ canned fruit
- ☐ canned vegetables
- ☐ chili
- ☐ corn
- ☐ creamed corn
- ☐ jam/jelly
- ☐ mushrooms
- ☐ olives (green)
- ☐ olives (black)
- ☐ pasta
- ☐ pasta sauce
- ☐ peanut butter
- ☐ pickles
- ☐ pie filling
- ☐ soup

Refrigerated
- ☐ biscuits
- ☐ butter
- ☐ Cheddar cheese
- ☐ cream
- ☐ cream cheese

Paper Products
- ☐ aluminum foil
- ☐ coffee filters
- ☐ cups
- ☐ garbage bags
- ☐ napkins
- ☐ paper plates
- ☐ paper towels
- ☐ plastic bags
- ☐ plastic cutlery
- ☐ plastic wrap
- ☐ straws
- ☐ waxed paper

Cleaning
- ☐ air freshener
- ☐ bleach
- ☐ dish soap
- ☐ dishwasher a detergent
- ☐ fabric softener
- ☐ floor cleaner
- ☐ glass spray
- ☐ laundry soap
- ☐ polish
- ☐ vacuum bags
- ☐ sponges

Personal Care
- ☐ bath soap
- ☐ bug repellent
- ☐ conditioner
- ☐ cotton swabs
- ☐ dental floss
- ☐ deodorant
- ☐ facial tissue
- ☐ family planning
- ☐ feminine products
- ☐ hair spray
- ☐ hand soap
- ☐ lip care