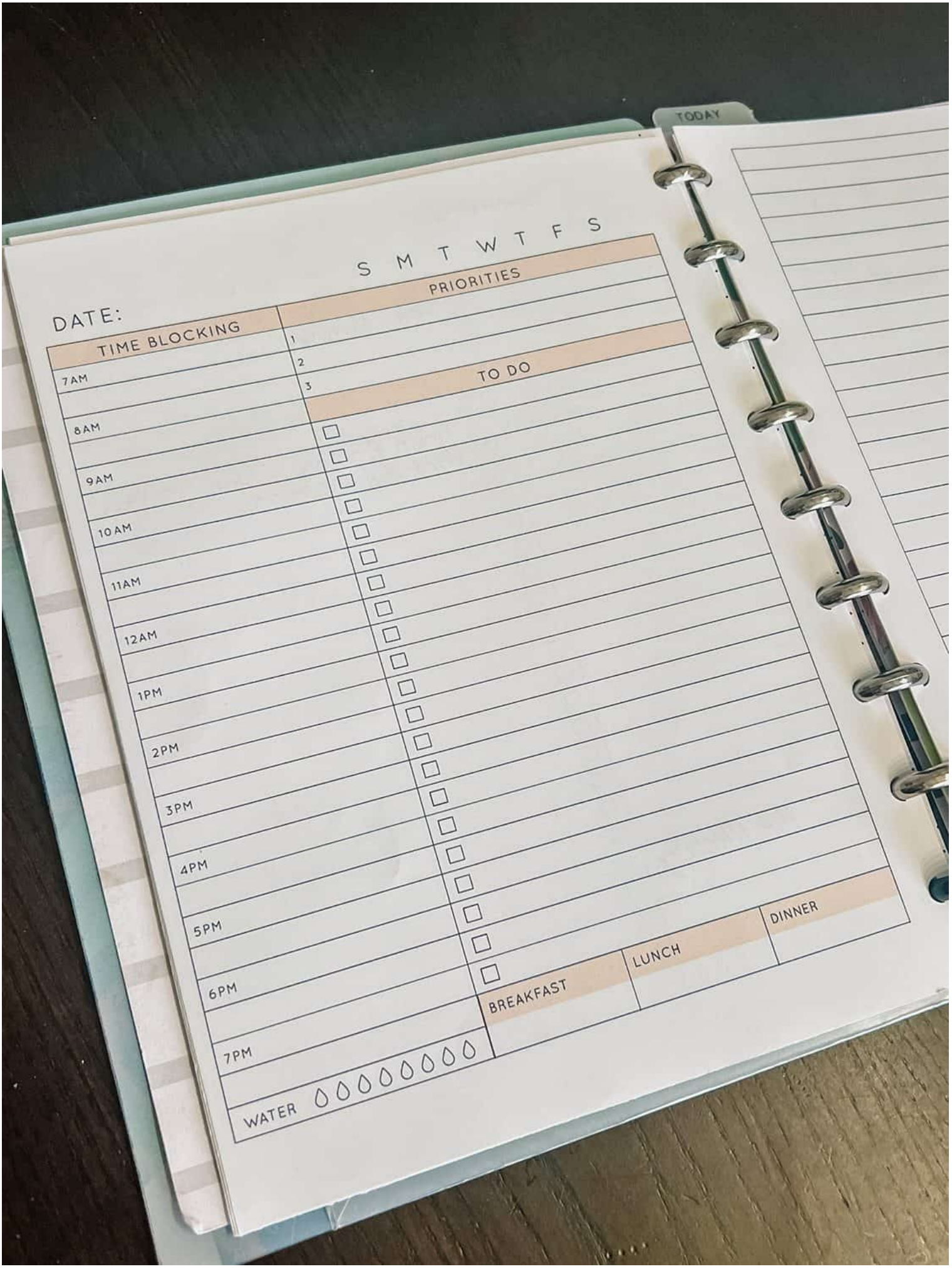

TODAY
S M T W T F S
DATE:
TIME BLOCKING
7AM
8AM
9AM
10 AM
11AM
12AM
1PM
2PM
3PM
4PM
5PM
6PM
7PM
WATER
PRIORITIES
1
2
3
TO DO
BREAKFAST
LUNCH
DINNER