Caregiving Tasks

PATIENT

DATE

M T W T F S S

CARERS

CAREGIVER NAME	START TIME	END TIME

FOOD / DRINK

MEAL	DESCRIPTION	✓	TIME
BREAKFAST			
LUNCH			
DINNER			

SNACKS				LIQUIDS			

HYGIENE

TASK	✓
SHOWER / BATH	
BRUSH TEETH (MORNING)	
BRUSH TEETH	
CHANGE CLOTHING	

HOUSE HOLD TASKS / CLEANING

TASK	✓

HEALTH

TASK	✓
BLOOD SUGAR TEST	
BLOOD PRESSURE TEST	

EXERCISE / ACTIVITY

ACTIVITY	✓