Big Five Personality Test

Instructions:

- For each statement, select the response that best reflects how you typically feel or behave.
- There are no right or wrong answers. Be honest and choose the response that feels most accurate for you. Please answer all questions.
- 1 = Strongly Agree, 2 = Agree, 3 = Neutral, 4 = Disagree, 5 = Strongly Disagree

Openness to Experience	**1**	**2**	**3**	**4**	**5**
1. I enjoy trying new things and experiences.	☐	☐	☐	☐	☐
2. I am curious about the world and different cultures.	☐	☐	☐	☐	☐
3. I have a vivid imagination and enjoy creative activities.	☐	☐	☐	☐	☐
4. I am open to new ideas and perspectives, even if they are different from my own.	☐	☐	☐	☐	☐
5. I prefer routine and familiarity to uncertainty and novelty.	☐	☐	☐	☐	☐
Conscientiousness	**1**	**2**	**3**	**4**	**5**
1. I am organized and efficient in my work and daily life.	☐	☐	☐	☐	☐
2. I am responsible and reliable, and I always meet my deadlines.	☐	☐	☐	☐	☐
3. I am detail-oriented and I like to plan things ahead of time.	☐	☐	☐	☐	☐
4. I am self-disciplined and I am able to control my impulses.	☐	☐	☐	☐	☐
5. I am easily distracted and I tend to procrastinate on tasks.	☐	☐	☐	☐	☐