

Monthly Grocery List Template

Plan and manage your monthly grocery shopping with this organized template. Use it to track staple items, recurring essentials, and bulk buys. Customize as needed to suit your family or household.

1. Monthly Meal Overview

Week	Breakfast Focus	Lunch Focus	Dinner Focus	Prep Notes
Week 1				
Week 2				
Week 3				
Week 4				

2. Essentials to Replenish

- Toilet Paper
- Paper Towels
- Dish Soap
- Laundry Detergent
- Trash Bags
- Cleaning Spray
- Shampoo

3. Special Events / Bulk Planning

